

How to Be a Successful Student of Statistics

Manage your Time



- Prepare for class (read, do homework, review notes)
- Space out your studying (a little each day)
- Use a personal calendar and plan early for exams

Talk about Statistics



- Find a stats buddy and practice putting material in your own words. This person might be:
 - A peer, tutor, friend, family member, or a partner

Get to know your Instructor



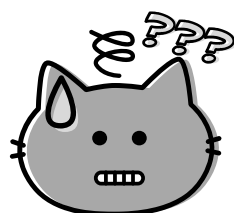
- Visit office hours (Yes, seriously)
- Remember that your instructor is a real person- not just a quantitative wizard- who wants to see you succeed

Be Honest With Yourself



- Reflect on your performance often
- Identify "sticky" points
- Don't be afraid to ask for help! (See below)

Seek Help Early and Often



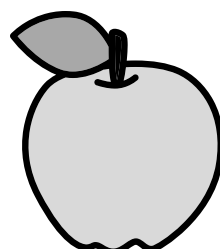
- It's okay to feel confused. You probably aren't the only one.
- Talk to study buddies and/or your instructor to get back on track right away

Statistics are Everywhere!



- Find connections between the course material and what you already know
- Connections help you remember the information long term.

Take Care of Yourself



- Build healthy habits
- Sleep! Information you learn during the day gets "filed" during sleep, helping you remember the information later on
- Drink water. Dehydration dampens performance on complex tasks

<resources>

- <https://learningscientist.org>